

# Dewis Cymru

Have choice and take control

Do you offer a service to improve people's well-being?

**Dewis Cymru** is a website that aims to help people with their well-being. It's **THE** place to go for people who want information or advice about well-being – whether that's their own well-being or the well-being of a family member or friend.

## Why should I add my information to Dewis Cymru?

Lots of reasons. If you've got a service that helps people with their well-being, adding your details to Dewis Cymru will make it easier for them to find you. Basically, if you help people with their well-being, Dewis Cymru wants to know about you and about what **YOU** do!

Other good reasons to use Dewis Cymru include:

- It's free
- It's easy to register and add your details
- It will remind you every six months to check your details, so you'll know they are up to date
- It provides maps and directions to help people find you
- It's already being used by many advice agencies to direct people to local services that can help them, so having your information on Dewis Cymru will mean that people can be directed to your service.

## So, what do I do next?

To add your information, you'll need to register. Go to [www.dewis.wales](http://www.dewis.wales) and 'Sign up' to create your account. Once you've done this, 'Sign in' to the site and go to 'Manage resources' and 'Add resources' to add information about your services.

## Can I add information about any service?

Yes. We encourage people to add information about specific services that they offer. So, if you run a community group you can add details of what it's about, where and when it meets, and how to get in touch. If you represent an organisation which provides a range of services, please add the services individually so that users of the site can find the services they're looking for.

## How to contact us

You can contact us by:

- using the 'Contact us' link on the website
- emailing us at [help@dewis.wales](mailto:help@dewis.wales)



@DewisWales



/DewisWales