

Useful contacts

The Welsh Assembly Government

There is a consultation section which details all the current consultations underway at new.wales.gov.uk/consultations/currentconsultation/?lang=en Welsh Assembly Government, Cardiff Bay, CF99 1NA. Phone 0845 010 3300 (English) or 0845 010 4400 (Welsh).

Community Planning

This website aims to help people shape their cities, towns and communities: www.communityplanning.net

People and Participation

This is a great website providing practical information on involving people. Go to peopleandparticipation.net

“I’ve never had a humble opinion. If you’ve got an opinion, why be humble about it?”

Joan Baez

Your Elected Representatives

(Local Community Councillor, Town Councillor, County Borough Councillor, Assembly Member). You can contact them either in person, on the phone, by writing a letter or by email. For further information contact your Local Authority, visit www.parliament.uk/about/contacting/mp.cfm or phone the House of Commons switchboard on 020 7219 3000.

E- Petitions

Petitions to the Prime Minister can be sent by post or delivered to Number 10 Downing Street in person. You can create and sign petitions on the following website, giving you the opportunity to reach a wider audience: petitions.pm.gov.uk

Age Concern

Age Concern is a national charity working to improve the lives of older people. It has local offices throughout Wales which can provide you with all kinds of advice, support and information. Telephone 029 2043 1555 or visit www.accymru.org.uk

Help the Aged

Help the Aged in Wales works with older people, older people’s forums, decision-makers and service providers to make sure that the specific needs of older people in Wales are recognised and addressed. Visit www.helptheaged.org.uk or phone 02920 346550.

Better Government for Older People

Better Government for Older People provides a dialogue between policy makers, practitioners and older people. Go to www.bgop.org.uk or phone 020 7553 6530.

Additional useful contacts

can be found on the 50+ Engagement Toolkit website www.50plusengagement.co.uk

You can find a range of contact numbers and addresses in your local phone book or you can visit your library. The library will also help you access the internet free of charge.

The Right to be Heard www.50plusengagement.co.uk