

# The Big Cheese® Race

## Friday 27<sup>th</sup> July 2012

This year teams will run a in a relay format through the main event site, over the bridge to the castle's rear entrance and back to the main site. The new format allows the public to be able to watch the whole of the race from the event site unlike in previous years.

A relay baton of cheese will be passed between team members as they run their lap (half a lap for each pair of juniors, a full lap for each pair of adults). Adults will be expected to use the traditional cheese stretchers to carry the cheese truckles on.

The first race will take place at 6.30pm, please report to starting point for 6:00pm. The number of entries will determine the format of the races. If a large number of teams enter it may be necessary to hold a number of races.

The Teams: Junior teams will consist of 4 juniors aged between 8 and 15. Adult teams will consist of 4 members each of which must be aged 16 or over.

There will be 2 race categories:

1. Adults
2. Juniors

Prizes: A prize will be given for Best Fancy Dress (Junior Team) and Best Fancy Dress (Adult Team)  
A winner will be selected from each race carried out with a prize provided.  
All entrants will be provided with a certificate for entering the event and all juniors will receive medals for entering.

Medical Disclaimer: All entrants will be entering under the understanding that they are fit and healthy to do so.

For more information on this year's **Big Cheese® Race** please contact

**CCBC Advisory Services**  
01443 866390



# The Big Cheese® Race Entry Form

Team Name	
Fancy Dress / Colours Wearing	

Race Category <small>(Please tick appropriate box)</small>	Adults	
	Juniors	
Team Members		
1		
2		
3		
4		

Race applications must be received by **Friday 20<sup>th</sup> July**

Organisers Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Email Address \_\_\_\_\_

Contact Number \_\_\_\_\_

**Please Return to:**  
 Advisory Service  
 Tredomen Business & Technology  
 Centre  
 Tredomen Park  
 Ystrad Mynach  
 CF82 7FN

