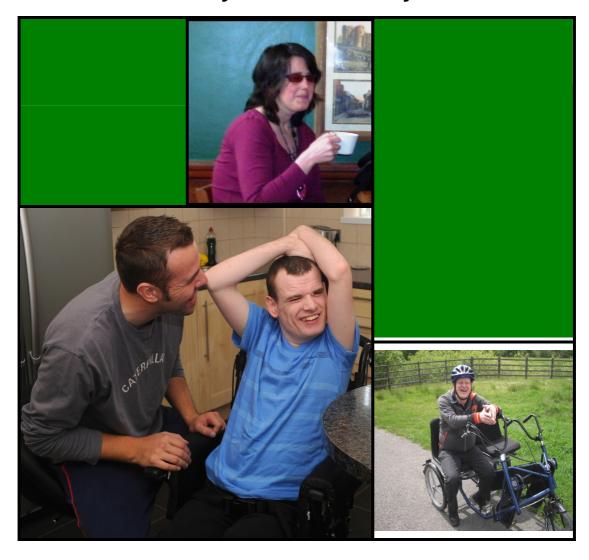
# A Plan for Adults with a Learning Disability 2012 - 2017 Easy Read Summary



Blaenau Gwent County Borough Council
Caerphilly County Borough Council
Monmouthshire County Council
Newport City Council
Torfaen County Borough Council
Aneurin Bevan Local Health Board

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#### 1. Introduction



A group of people have been asked to meet to write a plan for future services for people with learning disabilities. This plan is called a 'Strategy'.

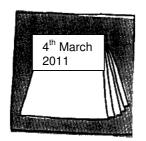


These people are social services staff who work in Blaenau Gwent, Caerphilly,
Monmouthshire, Newport or Torfaen, health staff who work in Aneurin Bevan Health Board and in other services that support people with a learning disability. This is called a 'Partnership Board.'



The Partnership Board is working with people with learning disabilities and carers to make sure they get the services they need.

### 2. 'Listening to Each Other'

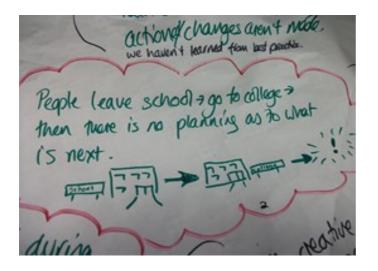


A meeting was held on 4<sup>th</sup> March 2011 which was called a 'Listening Day'. We talked about things that were important to people with learning disabilities and their carers. People with learning disabilities and their carers said what they needed to have better lives.

These are some of the words and pictures that were used on the day to tell us about things that are important to people with a learning disability



Having friends and relationships



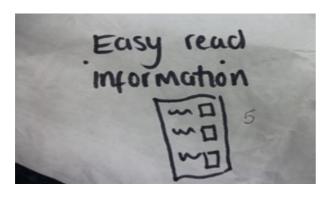
Supporting people to move from children's services to adult services



Working and being paid for the work they do



Having a choice about where they live and who they live with



Being given information in a way that is easy to understand

After the Listening day we put all the things we were told and put them in a plan. We asked people with learning disabilities what they thought of it.





We have made some changes and this is the final plan.

# 3. The Hopes for the Future – The 'Vision'

People who have a learning disability living in Gwent should



Have a good life.



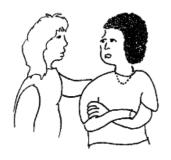
 Have the same opportunities as everyone else.



- Be able to use the services they need in their community.
- Get the right support when needed.



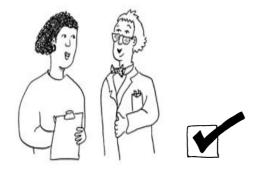
 Live close to friends and family if they choose to.



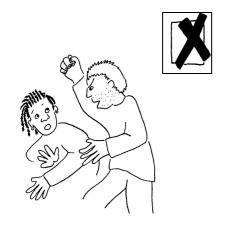
• Get the right support at the right time when they are not well.



 Be included in all planning for their lives and the kind of care they have.



 Be included in planning and changing services.



 Have a life that is safe and free from abuse.

# 4. Being Treated Fairly

You have a right to be treated fairly and with respect. This means that if you



speak a different language



are religious



• have a different colour skin



 want to chose who you have a relationship with

the people who work with you in your services will treat you fairly.

# 5. This is the Plan – The Strategy



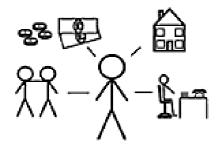
This is what people with learning disabilities and their carers said were important to them.

The people on the partnership board have been thinking about what support is needed to make these things happen.



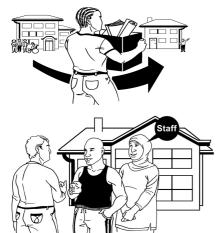
#### To make friends and have a relationship

 We will support you to have the choice to have friends and relationships with support if needed.



#### To have more control over your life

 We will support you to have greater control over your life to plan what you want to do. This will include having an advocate if you need one.



# To have a plan for moving from children to adult services

 We will support young people to make a plan to make sure they get the right support they need as they become adults.



#### To be able to work and get paid for it

 We will support you if you want to go to work. This may include being paid for the work you do.



#### To say where I live and who I live with.

 We will support you to have a choice about where you live and who you live with.



# To be able to do more activities in my community

 We will support you to get more choice and support about how you spend your time.



#### To plan for my future

 We will support you and your parents or carers plan for your future when they cannot support you in the way that they and you would like. We will also support you for other things like when you stop working.



#### To have my health care needs met

 We will support you to get the right health care you need to live a healthy life.



#### To have better information

 We will give you and your carers clear easy to read information. This will tell you about our services and support you if you are not happy.



#### To have support for carers

 We can support carers with information on services to support them care for you.
 And make sure that carers have an assessment of their own needs so that they can stay healthy and well.



# To support people with learning disabilities who have extra needs

 Some people with a learning disability need more support than others. We will make sure they get this support.

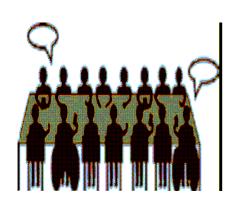
## 6. What we will do to make this happen



Health staff, social services staff and other people who support you will work together. This is called 'Integration'.

To make this plan work we need the support of people with learning disabilities and their carers.

# 7. What happens next?



We will now work to make the plan happen and make sure that people with learning disabilities are at the heart of making this work.