Caerphilly Families First *Newsletter*

July – September 2017

Making sure that families' needs come first.



OUR PROJECTS

Supporting Family Change 01495 233232

Families Learning Together 01633 613551

Youth Respect 01495 235623

Targeted Youth and Family Engagement 01443 863033

More Than Play 02920 867447

Confident Parents, Stronger Families 01633 615859/02920 852550

> Wellbeing 02920 849230

Outreach SRB 01443 866601

Early Prevention 02920 760767

Little Voices 02921 321511

Health Outreach 029 20 886860

Confident with Cash 01443 864547

Domestic Abuse Children and Young People Outreach Support 02920 860255

Domestic Abuse Services Family Safety Scheme 02920 860255

Parent Advocacy 07990 804472

Children and Young People's Advocacy 07768 583807

Parent Forum 01443 875444

Young Carers 01633 615859 / 02920 852550

The Families First Programme

Everyone faces challenges at some time in their lives, so knowing how and where to get help when you need it can make all the difference. Families First aims to support and work with families to help them overcome these challenges. The Families First Programme makes sure the families' needs come first. If you and your family need support, advice or guidance, the Families First Programme can help.

The Families First Programme works together with Flying Start, Communities First, and Supporting People. By doing this the Families First Programme is able to support families before their need reaches crisis point. Our family focused projects make sure that the families' needs come first, and we have a number of projects that can help you through those difficult times. Families are empowered to make positive changes and become more resilient, as well as supported in developing positive ways to cope with and manage circumstances to achieve better outcomes.

Projects tailor support to individual families' needs and provide intensive, pro-active and integrated assistance locally.

If you feel that a project can help you, you may contact the project direct via the contact information provided. If you are unsure as to what project may be best to suit your needs or you want more information about, please call the Caerphilly Information, Advice, and Assistance Service (IAA) on: 0808 100 1727.

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Ariennir gan Lywodraeth Cymru Funded by Welsh Government

Mae'r ddogfen hon ar gael yn Gymraeg, ac mewn ieithoedd a fformatau eraill ar gais. This document is available in Welsh, and in other languages and formats on request.

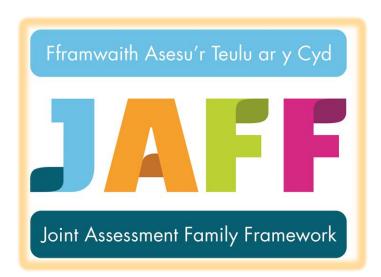
Joint Assessment Family Framework

JAFF Consultation

The JAFF has been live since 13th March 2017 and our projects, external professionals, citizens, and the Families First Central Support Team have identified areas for improvement.

On Monday 21st August 2017, a survey was sent to both professionals and citizens for them to identify what works well on the JAFF, and what areas could be improved. This survey closed on Monday 18th September.

The Families First team are now collating the surveys, taking on board issues raised, and updating the JAFF referral from to correspond with the survey results. The updated JAFF referral form will be launched at the JAFF Consultation event on Tuesday 24th October at Llancaiach Fawr Manor. If you are a professional and would like to attend this event, then please go to <u>https://www.eventbrite.co.uk/e/caer</u> <u>philly-families-first-jaff-</u> <u>consultation-event-tickets-</u> <u>37036899363</u>



Award Winning Organisations

Families Learning Together

We are really pleased to announce that Michelle Gould and Terri Ann Stokes, two of our fantastic parents were nominated for an Inspire! Learning Award and have received certificates to recognise their hard work and commitment to learning. Thank you to Kathryn Price Flynn and Tara for nominating them!



Health Outreach

Health Outreach Team consisting of Community Nursery Nurses and a Dietician have been nominated for a Team of the Year award from Aneurin Bevan University Health Board. The team work extremely hard to continuously deliver top quality support. We are very proud of you all!

Project Page Families Learning Together

Baby Shower

One of our coordinators, Jenn May, started her maternity leave at the beginning of May. Her team surprised her with a baby shower in the week leading up to her leave!



Group Update

This term the Families Learning Together team has been focussing their work in the Upper Rhymney area in Fochriw Primary, Pontlottyn Primary, Abertysswg Primary and Bryn Awel Primary School. Our younger groups have had a numeracy focus with families making and using the



TAPAS maths resources which they were able to take home and keep at the end of the project.

Families in our junior groups have been developing their literacy and numeracy skills through mini design projects. Each week the families have been given a different challenge to make, test and evaluate. So far they have made kites, rockets, table football games and marble runs. These innovative sessions have engaged with families and have provided unique and high quality learning experiences for the whole family.



Investigating 3D structures



Ready to test our kites!

What's on in Caerphilly?

Saturday 18th November-9:00am-5:00pm

Ystrad Mynach Festive Fair The town will be a hive of activity with festive stalls, local choirs and bands, street theatre acts, children's funfair rides, Santa's grotto at Siloh's Church and the traditional Christmas light switch on at 4.45pm creating a magical experience for visitors of all ages.

Saturday 25th November – 10:00am-5:00pm

Bargoed Winter Fair Filling the high street with Christmas festivities is the Bargoed Winter Fair. This free event will serve up a giant Christmas pudding sized portion of stalls, selling everything from scrumptious chocolates to jewellery and unique Christmas decorations. There will also be funfair rides and children's activities, Santa's real reindeers, falconry, donkeys and street entertainment, including two wise men that will be travelling from afar with the help of the famous North Star!

Saturday 25th November – 12:00pm-5:30pm

Risca Winter Fair and Light Parade come to town from 12pm – 5.30pm. Held in Tredegar Park, Risca, the spirit of Christmas will be sprinkling fun and festive cheer, with stalls and entertainment for the whole family to enjoy. A fun light and lantern parade at 4.45pm is the finale to the event, joined by Cefn Hengoed Majestics Jazz Band, local dance groups and street entertainers. After the parade enjoy the Christmas light switch on and carols around the Christmas tree which will be accompanied by music from the Salvation Army.

Saturday 2nd December – 09:00am-5:00pm and Sunday 3rd December 10:00am-4:00pm

Blackwood Winter Fair Experience the fun and excitement of Christmas. Santa and his elves have been busy preparing their own Christmas list full of entertainment for everyone to enjoy, from street theatre, food, craft and charity stalls, funfair rides, real reindeer and a spectacular Santa's Grotto inside Tidal's Store, with a visit from the special man himself, Mr. Claus.

Recent Events – Play days!

Fochriw Play Day

We attended a play day in Fochirw on Monday 31st July and what a fabulous day it was! The sun was shining, bright blue skies, and even the sheep came to join the fun!

The day was filled with lots of activities for all the family. Caerphilly Families First attended to provide face painting and lots of free goodies like water bottles and Frisbees. There was even a giant foam pit!

We would like to thank the Parent Forum who helped to organise the event and all of Fochriw community for attending this brilliant day and allowing us to be one small part of the huge success that it was!



Parent Forum's Ruth and Rachael enjoying the giant foam pit!







Families building wooden bird boxes and children enjoying the slip-and-slide!



Caerphilly Families First painted 49 children's faces and offered families goodies bags including: water bottles, Frisbees, keyrings, pens, leaflets and balloons!





Nelson Play Day

We attended a play day in Nelson on Thursday 17th August and Nelson community pulled together to make sure that this event was an enjoyable day for all. Caerphilly Families First attended to paint faces, 77 faces in fact!







Ariennir gan Lywodraeth Cymru Funded by Welsh Government



Over the last quarter, the Families First team have heard such joyous news that our project staff have welcomed many beautiful new daughters and sons into the world. What better way to celebrate the good news than to share some gorgeous pictures of these precious babies!

Here at Families First Central Support Team, we would like to send our congratulations to all new and expecting mothers and fathers in Families First projects! We wish you heaps of health and happiness now and for the future.



Baby Rosie May, born on 19th May 2017. Congratulations to Jennifer May, Families Learning Together Coordinator.



Baby Ava Elizabeth Fry, born on 13th September 2017. Congratulations to Fiona Fry, Confident Parents Stronger Families Team Manager.



Baby Frankie Rose Brook, born on 9th July 2017. Congratulations to Lisa Brook, Little Voices Early Language Officer.

Here Come the Brides and Grooms!

The summer time brings lots of blissful occasions, including weddings! We would like to say big congratulations to all of the staff across Families First that have tied the knot this summer. May the years ahead be filled with love and lasting joy.



Congratulations to our very own Caerphilly Families First Team Manager, now Rebecca Boulton. She married Rhys on Friday 4th August 2017 at Llansantffraed Court hotel.



Congratulations to Lee Williams, Family Support Practitioner for More Than Play. He married Rachel on Thursday 7th September at the Manor Parc hotel.



Congratulations to Michelle Harris, Senior Youth and Family Worker for Targeted Youth and Family Engagement. She married Gavin on Thursday 1st June in Sorrento, Italy.

If you have any news that you would like to be featured in the next newsletter, please send the details to dayen@caerphilly.gov.uk or contact 01443 866701. Thank you!