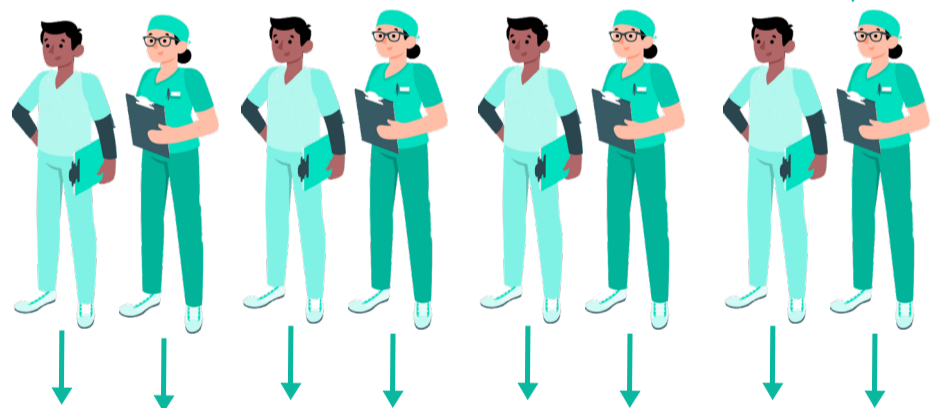


Coronavirus - COVID-19

Maintain social distancing and use PPE appropriately

Reduce your chance of having to self-isolate if you are a 'contact' of a colleague with symptoms of Coronavirus (COVID-19).

Help ensure we maintain normal service during this pandemic.



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2020

Coronavirus - COVID-19

DO YOU HAVE SYMPTOMS OF CORONAVIRUS?



(COUGH, LOSS OF TASTE OR SMELL, OR FEVER?)

YOU SHOULD ISOLATE AND BOOK A TEST

**ONLINE @ WWW.GOV.WALES/CORONAVIRUS
OR PHONE 119**

**GET A TEST. STOP THE SPREAD.
KEEP WALES SAFE.**

18/6/2020



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**DIOGELU CYMRU
KEEP WALES SAFE**





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NETWORKS



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Street Games Wales Survey.
338 young people interviewed.
Mostly aged from 11-19.
Mostly in the Gwent Locality.

Most common reasons for not adhering to guidelines:

- Mental health reasons
 - Need space
 - Boredom
- Want to see my friends

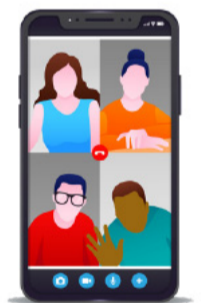


Preferred way to be communicated lockdown information?

Snapchat 21.2%
Tik Tok 18.4%
Facebook 16.5%
Instagram 12.6%
Via Influencers 12.4%
Other 18.9%



97.3%
of respondents had been
staying at home during the
lock down



What would help young people stay at home and encourage them to stick to government guidelines?

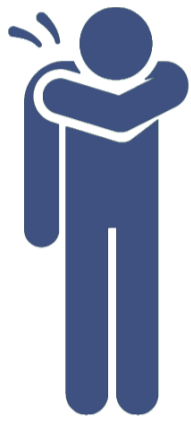
- Activities to do at home EG - quizzes, learning new skills, games
- Free video games and social media apps
 - More information about our future
- I'd like to know when lockdown will end

If you have been isolating at home, what have you been enjoying?

- Watching TV
 - Gaming
 - FaceTime
 - Reading
- Family Time

Coronavirus - COVID-19

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Coronavirus – COVID-19

Car Sharing Guidance



Only share vehicles **if absolutely necessary**

Keep to the **same group of staff** sharing the vehicle

Wear surgical masks



Open windows to improve ventilation & avoid using air conditioning

Create distance between people in the vehicle, if possible, a passenger could sit in the rear left of the car with the window open

Clean key vehicle surfaces with appropriate disinfectant (before and after travelling)



Wash hands for 20 seconds before and after each journey



If you have symptoms of Coronavirus, you must:

1. Self-isolate for 7 days and your household must isolate for 14 days.
2. Book a test on the first day of your symptoms.



V2 - 1.7.2020



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Coronavirus – COVID-19

Best hygiene practices in staff areas



Staff using kitchen and staff room facilities should **wash their hands for 20 seconds before and after use.**

Frequently touched areas, should be included in an enhanced cleaning regime during the day.



Water dispensers should be **cleaned several times** throughout the day.

Staff should use **one dedicated cup or mug** for any drinks and **should avoid preparing drinks or refreshments for other members of staff or visitors.**



Mugs, crockery, cutlery used **should be immediately washed up, dried and put away after use.** Do not leave in the sink or on the draining board.



Bring **your own food** where possible.

If you have symptoms of Coronavirus. You must:

1. Self-isolate for 7 days and your household must isolate for 14 days.
2. Book a test on the first day of your symptoms.



V2 - 1.7.2020



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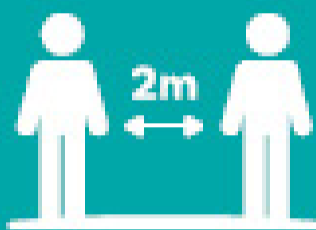
Diogelu eich hun ac eraill

Diogelu Cymru gyda'n gilydd



GOLCHI DWYLO'N AML

Yn enwedig os ydych chi wedi bod yn siopa, wedi codi pecyn neu ar fin trin bwyd



CADW PELLTER CYMDEITHASOL

Rhaid cadw dau fetr rhyngoch chi a phobl eraill sydd ddim yn eich cartref estynedig



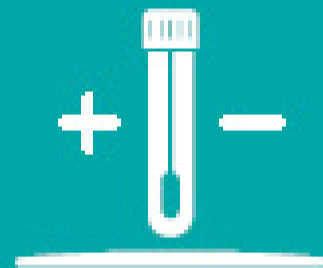
GWISGO GORCHUDD WYNEB

Pan fo gofyn neu pan fo cadw pellter cymdeithasol yn anodd



HUNANYNYSU

Arhoswch gartref os oes gennych chi neu rywun o'ch cartref symptomau, neu os yw swyddog olrhain cysylltiadau yn gofyn



CAEL PRAWF

Ffonlwch 119 neu **archebwch brawf ar-lein** ar unwaith os ydych chi â thymheredd uchel, peswch newydd parhaus, a/neu yn methu blasu neu arogl

www.llyw.cymru/coronafeirws



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Temporary Walk-up Coronavirus Testing Centre

Available outside Caerphilly Leisure Centre (CF83 - 3SW) Saturday 5th to Tuesday 8th September.

Opening hours Sat and Sun: **8am- 4pm**

Mon and Tues: **8am - 6pm**

Get a test immediately if you have symptoms of Coronavirus.



- You do not need to book an appointment in advance
- You can turn up by foot or car
- You may be required to queue safely outside
- The test is done quickly in 5 minutes
- **Do not use public transport**
- **Do not visit any shops or other places on the way to or from your test**
- **Wear a face covering to and from the testing centre**
- **Maintain social distancing; stay 2 metres away from others**

04.09.2020



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Are you worried about the impact of isolation on your finances?

Is this stopping you from getting a test for Coronavirus or following Public Health guidance?

Support and advice is available.



Benefit entitlements, help with new claims, advice and assistance with debts and arrears

Torfaen Citizens Advice on
0300 330 2117 or visit:
www.citizensadvice.org.uk/local/torfaen/

Disability Advice Project (DAP)
01633 485865, email:
info@dapwales.org.uk or visit
www.dapwales.org.uk

Financial hardship

For assistance with food parcels and access to a range of grants for financial support, including essential items and help with priority bills, contact the Building Resilient Communities Team:

Helen.Jenkins@torfaen.gov.uk
| **07834555055** - or:
Samantha.Scott@torfaen.gov.uk
| **07908215963**

