

How the pandemic could affect the way organisations do business

COVID-19 has changed our day to day lives significantly. From our shopping habits, to the things we do in our spare time, there are few things unaffected by the global pandemic. As we approach a year living with COVID-19, many wonder whether the ways workplaces have adapted to change will remain 'post-COVID-19'. We take a look below at some of the ways businesses may change for good:

Less people in offices/ more staff at home

COVID-19 has seen the UK government direct people to work from home wherever possible to help stem the spread of the virus. As a result, many millions of people who are used to being in a workplace have had to create a workspace at home. For some this has caused issues, but for many this now seems second nature. As we move toward a year of home-working it seems likely that for most organisations there will be less people working from the offices, and more people being home-based.

A greater focus on wellbeing

The pandemic has seen an increased focus on mental health in public discourse, with lockdowns, the lack of social contact and access to gyms espoused as reasons for people reporting worsening mental health. As such, organisations look set to focus attentions on the continued wellbeing of staff. This can include novel ways of keeping in contact with staff, such as introducing instant messaging systems so staff can maintain social contact. EAPs are also being promoted more-so than they were previously, so staff have a greater awareness of the support services available to them.

If you feel you may need some support, you can contact Care first. Care first is a leading provider of confidential, professional counselling, information and advice services. All employees are eligible to use Care first, our services include; telephone counselling, information services and online support. Call Care first on the Freephone number provided by your organisation and you can speak to a professional in confidence.

For more information on how businesses look set to adapt moving forwards please join our live webinar on **Thursday 25th February at 12pm**. To register please follow the link:

<https://attendee.gotowebinar.com/register/6834400863964372749>

If you are unable to join the webinar live, a recording of the session can be accessed using the same link above after the webinar has taken place.