

MEALS DIRECT CHOICE MENU

	WEEK ONE	WEEK TWO	WEEK THREE
M O N D A Y	Pork Faggots in Gravy Or Quorn Sausage & Gravy Mash Potatoes Mushy Peas Toffee Apple Crumble & Custard	Mince Beef Pie & Gravy Or Vegie Mince Pie & Gravy Mash Potatoes Diced Swede & Sprouts Red Cherry Crumble & Cream	Beef Lasagne Or Quorn Sausage Savoury Herb Diced Potato Peas Rhubarb & Orange Crumble & Custard
T U E S D A Y	Lamb Stew Or Quorn Stew Potatoes Swirls Carrots & Peas Chocolate Gateau	Sausage & Gravy Or Glamorgan Sausage & Gravy Mash Potatoes Mushy Peas Jam & Cream Scone	Chicken Casserole Or Vegetarian Sausage Casserole Boiled Potatoes Carrots & Peas Welsh Cakes
W E D N E S D A Y	Turkey & Gravy Or Quorn in Gravy Roast & Boiled Potatoes Carrots & Sprouts Chocolate Sponge & Custard	Sliced Beef, Yorkshire Pudding & Gravy Or Quorn Fillet in Gravy Roast & Mash Potato Swede & Cabbage Syrup Sponge & Custard	Roast Pork & Gravy Or Quorn Fillet in Gravy Roast & Boiled Potatoes Cauliflower & Broccoli Apple Tart & Cream
T H U R S D A Y	Steak Lattice & Gravy Or Macaroni Cheese Boiled Potatoes Country Mixed Vegetables Rice Pudding	Chicken in Gravy Or Quorn In Gravy Boiled Potatoes Sprouts & Carrots Profiteroles	Corned Beef Pie & Gravy Or Broccoli & Cauliflower Grill & Gravy Boiled Potatoes Country Mixed Vegetables Strawberry Cheesecake
F R I D A Y	Breaded Fish & Parsley Sauce Or Vegetable & Cheese Bakes & Parsley Sauce Mash Potatoes & Peas Egg Custard Tart	Crispy Haddock or Cheese Omelette Savoury Herb Diced Potatoes Peas Fruit in Jelly with Cream Swirl	Battered Fish Or Vegetable Nuggets Savoury Herb Diced Potatoes Peas Jam Doughnut

NB: Pork sausage or vegetable sausage available daily, cheese omelette (served with savoury herb diced potatoes and peas or baked beans) available as an alternative to the published menu as stated on Menu Planner.
Yogurt or fruit pot available as additional dessert daily.