

**Could you be a
Shared Lives carer?**



Shared Lives
South East Wales

**Shared Lives for
mental health crisis**

Working Together:

**Aneurin Bevan University Health Board
and the South East Wales Shared Lives Scheme**

Could you share your home, family and community life?

The Shared Lives for mental health crisis project provides an alternative to, or facilitates early discharge from, an inpatient hospital setting.

Shared Lives carers are recruited within the local community and paid £581 per week to provide care within their home environment for individuals during a mental health crisis.

Shared Lives carers can work flexibly, letting the project know when they are available to offer arrangements.

Shared Lives carers do not require any formal qualifications or experience but a genuine interest in helping others. They are offered regular training opportunities.

The focus is on providing the safety and support an individual needs while maintaining connections in the community.

How does the project work?

The project is based on evidence that individuals experiencing a mental health crisis recover better if they feel part of the community, are in a supportive family setting, and are able to take part in a daily routine.

The individual can stay with the Shared Lives carer for up to four weeks. The length of the stay is agreed on a case by case basis and depends on the amount of support each individual requires.

Shared Lives carers are not required to provide professional support for the individual's mental health needs. Professional staff from the crisis team and the Shared Lives team visit regularly, and the carers have 24 hour telephone support.

The project is funded by Aneurin Bevan University Health Board and delivered across Gwent by the South East Wales Shared Lives Scheme. Caerphilly County Borough Council is the lead authority.

What can we offer you?

- Flexibility to work from your own home
- Flexibility to manage your own availability
- A fulfilling and rewarding role
- Payment for the arrangements you provide
- Support and regular visits from mental health and Shared Lives professionals
- 24 hour telephone support
- Formal qualifications or experience are not required - ongoing training opportunities will be provided

To find out more about becoming
a Shared Lives carer you can:

Phone: **01443 864784**

email: **sharedlives@caerphilly.gov.uk**

Go to our webpage: **www.caerphilly.gov.uk/sharedlives**

Working in Partnership:



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

