

**Age** is just a number!



**My mother never acts her age!**

Mae'r ddogfen hon ar gael yn Gymraeg, ac mewn ieithoedd a fformatau eraill ar gais.

This document is available in Welsh, and in other languages and formats on request.



Llywodraeth Cynulliad Cymru  
Welsh Assembly Government

50+  
Positive ACTION  
GWEITHRED Bositif

**Safer Caerphilly** County Borough

**Bwrdeistref Sirol Caerffili Saffach**

**Age** is just a number!



**Swapping stories and sharing experiences**



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**Different generations dancing  
to the same tune**



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**Getting to grips with new challenges**



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**Don't just judge us on what we wear**



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**Just boys having fun in the park!**



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**Having fun the old-fashioned way and not a computer game in sight!**



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**A helping hand is always appreciated**



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**Wii** are just fine!



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**Young people get their voices heard**



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**Age** is just a number!



**Legal graffiti art – not just for  
the younger generation**



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**Sharing a joke in 3D vision!**



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